



# October 2024

# Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Positive Affirmations</li> <li>10:30 Fitness Fun</li> <li>11:00 Volley Llamas Fitness</li> <li>1:30 Crafty Corner</li> <li>1:30 Trivia Fun</li> <li>2:30 Tasty Tuesday</li> <li>3:00 Meaningful Moment</li> <li>6:00 Getting to Know You with Staff</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Holy Communion Service &amp; Hymns</li> <li>10:30 Moving &amp; Grooving Fitness</li> <li>11:00 Brain Benders</li> <li>1:30 A Beautiful You</li> <li>2:30 Wind Down Wednesday</li> <li>3:30 Bingo</li> <li>6:00 National Geographic Wonders</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Morning Meditation</li> <li>10:00 Chair Yoga</li> <li>11:00 White Board Games</li> <li>1:30 Color Creations</li> <li>2:30 Thirsty Thursday</li> <li>3:30 Brain Games</li> <li>6:00 National Geographic Documentaries</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Serenity Sensation</li> <li>10:00 Gentle Chair Exercise</li> <li>10:30 Cut &amp; Create</li> <li>11:00 Group Chat</li> <li>1:30 Let's go Back in Time</li> <li>2:30 Happy Hour</li> <li>3:30 Live Entertainment</li> <li>6:00 Fluff &amp; Fold</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Televised Services</li> <li>10:00 Sit and be Fit</li> <li>10:30 Pet Therapy</li> <li>11:00 Brain Teasers</li> <li>1:30 Puzzle Challenges</li> <li>2:30 Have You Ever?</li> <li>3:30 Comedy &amp; Laughs</li> <li>6:00 Sing Along Saturday's</li> </ul>	
	<ul style="list-style-type: none"> <li>9:30 Televised Worship Service</li> <li>10:00 Sunday Stretch</li> <li>10:30 Table Games &amp; More</li> <li>1:30 Brain Games</li> <li>2:30 Sunday Snacks</li> <li>3:30 Remember When</li> <li>6:00 Handy Helpers</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 News &amp; Views</li> <li>10:00 Rise &amp; Stretch</li> <li>11:00 Finish the Phrase</li> <li>1:30 Destination History &amp; Word Games</li> <li>2:30 Creative Music Therapy</li> <li>3:00 Monday Munchies</li> <li>3:30 A Stroll Down Memory Lane</li> <li>6:00 Board Games with Friends</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Positive Affirmations</li> <li>10:30 Fitness Fun</li> <li>11:00 Volley Llamas Fitness</li> <li>1:30 Crafty Corner</li> <li>1:30 Trivia Fun</li> <li>3:00 Meaningful Moment</li> <li>6:00 Getting to Know You with Staff</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Holy Communion Service &amp; Hymns</li> <li>10:30 Moving &amp; Grooving Fitness</li> <li>11:00 Brain Benders</li> <li>1:30 A Beautiful You</li> <li>2:30 Wind Down Wednesday</li> <li>3:30 Bingo</li> <li>6:00 National Geographic Wonders</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Morning Meditation</li> <li>10:00 Chair Yoga</li> <li>11:00 Crafty Corner</li> <li>1:30 Table Game Challenge</li> <li>2:30 Thirsty Thursday</li> <li>3:30 Brain Games</li> <li>6:00 Bell Mar Movie Night</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Serenity Sensation</li> <li>10:00 Chair Yoga</li> <li>11:00 Cut &amp; Create</li> <li>1:30 White Board Word Game</li> <li>2:00 Music Therapy</li> <li>2:30 Happy Hour</li> <li>3:30 Dance Party</li> <li>6:00 Fluff &amp; Fold</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Forever Fit</li> <li>10:00 Ball Games</li> <li>11:00 Brain Teasers</li> <li>1:30 40's Music Trivia</li> <li>2:30 A Beautiful You</li> <li>3:30 Comedy &amp; Laughs</li> <li>6:00 Sing Along Saturday's</li> </ul>
	<ul style="list-style-type: none"> <li>9:30 Televised Worship Service</li> <li>10:00 Sunday Stretch</li> <li>10:30 Table Games &amp; More</li> <li>11:00 Group Chat</li> <li>1:30 Brain Games</li> <li>2:30 Sunday Snacks</li> <li>3:30 Remember When</li> <li>6:00 Handy Helpers</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Spirit Week Sports Theme</li> <li>9:30 News &amp; Views</li> <li>10:30 Rise &amp; Stretch</li> <li>11:00 Finish the Phrase</li> <li>1:30 Inspirational Quotes</li> <li>2:30 Music Makers</li> <li>3:00 Monday Munchies</li> <li>3:30 A Stroll Down Memory Lane</li> <li>6:00 Board Games with Friends</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Spirit Week Tropical Theme</li> <li>9:30 News &amp; Views</li> <li>10:00 Fitness Fun</li> <li>11:00 Volley Llamas Fitness</li> <li>1:30 Trivia Fun</li> <li>2:30 Tasty Tuesday</li> <li>3:00 Meaningful Moment</li> <li>6:00 Getting to Know You with Staff</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Spirit Week Western Theme</li> <li>9:30 Holy Communion Service &amp; Hymns</li> <li>10:30 Moving &amp; Grooving Fitness</li> <li>11:00 Brain Benders</li> <li>1:30 Word Games</li> <li>2:30 Wind Down Wednesday</li> <li>3:30 Bingo</li> <li>6:00 National Geographic Wonders</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Spirit Week PJ Day</li> <li>9:30 Morning Meditation</li> <li>10:00 Chair Yoga</li> <li>11:00 Puzzle Time</li> <li>1:30 Color Creations</li> <li>2:30 Thirsty Thursday</li> <li>3:30 Brain Games</li> <li>6:00 National Geographic Documentaries</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Spirit Week Crazy Hat &amp; Sock Day</li> <li>9:30 Serenity Sensation</li> <li>10:00 AM Workout</li> <li>10:30 Cut &amp; Create</li> <li>1:30 Dimensional Diagrams / Puzzles</li> <li>2:00 Music Makers / Music Trivia</li> <li>2:30 Happy Hour</li> <li>3:30 Live Entertainment</li> <li>6:00 Fluff &amp; Fold</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Televised Worship</li> <li>10:00 Chair Yoga</li> <li>10:30 Pet Therapy</li> <li>11:00 Brain Teasers</li> <li>1:30 White Board Games</li> <li>2:30 Memory Lane</li> <li>3:30 Comedy &amp; Laughs</li> <li>6:00 Sing Along Saturday's</li> </ul>
	<ul style="list-style-type: none"> <li>9:30 Televised Worship Service</li> <li>10:00 Sunday Stretch</li> <li>10:30 Table Games &amp; More</li> <li>11:00 Getting To Know You</li> <li>1:30 Brain Games</li> <li>2:30 Sunday Sing a Long</li> <li>3:00 Remember When</li> <li>6:00 Handy Helpers</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 News &amp; Views</li> <li>10:00 Rise &amp; Stretch</li> <li>11:00 Finish the Phrase / Inspirational Quotes</li> <li>1:30 Word Games</li> <li>2:30 Music Memories</li> <li>3:00 Monday Munchies</li> <li>3:30 A Stroll Down Memory Lane</li> <li>6:00 Board Games with Friends</li> </ul>	<ul style="list-style-type: none"> <li>9:30 Positive Affirmations</li> <li>10:30 Fitness Fun</li> <li>11:00 Outdoor Stroll</li> <li>11:00 Shopping Boutique</li> <li>1:30 Trivia Fun</li> <li>2:30 Adult Coloring</li> <li>3:00 Meaningful Moment</li> <li>6:00 Getting to Know You with Staff</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Holy Communion Service &amp; Hymns</li> <li>10:30 Moving &amp; Grooving Fitness</li> <li>11:00 Brain Benders</li> <li>1:30 A Beautiful You</li> <li>2:30 Monthly Birthday Celebration</li> <li>3:30 Bingo</li> <li>6:00 National Geographic Wonders</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Morning Meditation</li> <li>10:00 Chair Yoga</li> <li>11:00 Let's Get Creative</li> <li>1:30 Hang Man</li> <li>2:30 Thirsty Thursday</li> <li>3:30 Brain Games</li> <li>6:00 National Geographic Documentaries</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Serenity Sensation</li> <li>10:00 Fitness Fun</li> <li>11:00 Cut &amp; Create</li> <li>1:30 Dimensional Diagrams</li> <li>2:00 Music Therapy</li> <li>2:30 Happy Hour</li> <li>3:30 Dance Party</li> <li>3:30 Live Entertainment</li> <li>6:00 Fluff &amp; Fold</li> </ul>	<ul style="list-style-type: none"> <li>8:30 Personal Connections</li> <li>9:30 Forever Fit</li> <li>10:00 Movement &amp; Imagination</li> <li>11:00 Brain Teasers</li> <li>1:30 Puzzle Challenges</li> <li>2:30 Bingo</li> <li>3:30 Comedy &amp; Laughs</li> <li>6:00 Sing Along Saturday's</li> </ul>
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