December 2024

Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:30 Personal Connections 9:30 Televised Worship Service 10:30 Televised Game Show 11:30 Crossword Catchers 1:30 Ball Games Galore 2:30 Cards Anyone? 3:30 Bingo 6:00 Bella Mar Cinema	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 11:00 Puzzle Solvers 1:30 Yahtzee Anyone? 2:30 Monday Munchies 3:30 Musical Bingo 6:00 Bella Mar Cinema 	2 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Ball Games 11:00 White Board Games 1:00 Holiday Craft 2:00 Group Chat 2:30 Puzzle Time 3:00 Headbands 4:00 Jeopardy / Trivia 6:00 Bella Mar Cinema	 8:30 Personal Connections 9:30 Holy Communion Services 11:00 Cardio Fitness & Balance 1:30 Pictionary 2:30 Wind Down Wednesday 3:30 Blackjack 6:30 Evening Bingo 	 8:30 Personal Connections 9:30 Morning Meditation 10:00 Fitness Fun 10:30 Scrabble Challenge 1:00 Head Bands Game 2:00 Table Game Challenges 3:00 Thirsty Thursday 3:30 Penny Keno/Learn a New Game 6:30 Live Entertainment 	 8:30 Personal Connections 9:30 Outdoor Stroll 10:00 Bean Bag Toss 10:30 Sit and Be Fit 11:00 White Board Games 1:00 Jeopardy / Trivia 2:00 Scataggories 3:00 Happy Hour 3:30 UNO Card Game 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 AM Workout 10:00 Pet Therapy 10:30 Creating Floral Centerpieces 11:00 Adult Coloring 1:00 Holiday Trivia 2:30 Pictionary 3:30 Table Games 6:30 Sing Along Saturdays
8:30 Personal Connections 9:30 Televised Worship Service 10:30 Outdoor Stroll 11:00 Televised Game Show 1:30 Ball Games Galore 2:30 UNO Card Game 3:30 Bingo 6:00 Bella Mar Cinema	8 • 8:30 Personal Connections • 9:30 Positive Affirmations • 10:00 Chair Yoga • 11:00 Puzzle Solvers • 1:30 I Pad Games • 2:30 Monday Munchies • 3:30 Musical Bingo • 6:00 Bella Mar Cinema	 9 8:30 Personal Connections 9:30 News and Views 10:00 Music Therapy 10:30 Sit and Be Fit 1:30 Holiday Caroling from St Rita's Church 2:30 Tasty Tuesday 3:00 Word Games 3:30 Open Game Time 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Holy Communion Services 11:00 Cardio Fitness & Balance 1:30 Name That Tune 2:30 UNO 3:30 Blackjack 6:30 Evening Bingo 	 8:30 Personal Connections 9:30 Morning Meditation 10:00 Fitness Fun 10:30 Bean Bag Toss 1:30 Table Game Challenges 2:30 Thirsty Thursday 3:30 Penny Keno/Learn a New Game 6:30 Live Entertainment 	8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Chair Yoga 10:30 Trivia Time 1:30 Yhatzee 2:30 Happy Hour Dance Party 3:00 Headbands 6:00 Bella Mar Cinema	 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Strength Training 11:00 Creating Floral Centerpieces 11:30 Creating Floral Centerpieces 1:30 Afternoon Matinee 2:30 Pictionary 3:30 Table Games 6:30 Sing Along Saturdays
 8:30 Personal Connections 9:30 Televised Worship Service 10:30 Televised Game Show 1:30 Ball Games Galore 2:30 Holiday Tricia & Fun Facts 3:30 Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 11:00 Puzzle Solvers 1:30 Holiday Craft 2:30 Board Games 3:30 Musical Bingo 6:00 Bella Mar Cinema 	17 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 White Board Games 11:00 Group Chat 1:30 Ball Games Galore 2:30 Tasty Tuesday 3:00 Chanukah Craft 3:30 Open Game Time 6:00 Bella Mar Cinema	 8:30 Personal Connections 9:30 Holy Communion Services 11:00 Cardio Fitness & Balance 1:30 Holiday Jeopardy 2:30 Monthly Birthday Celebration 3:00 Adult Coloring 3:30 Blackjack 6:30 Evening Bingo 	8 8:30 Personal Connections 9:30 Morning Meditation 10:00 Fitness Fun 10:30 White Board Games 1:30 Table Game Challenges 2:30 Thirsty Thursday 3:00 Unscramble the Words 3:30 Penny Keno/Learn a New Game 6:30 Live Entertainment	 8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Chair yoga 10:30 Scrabble Challenge 1:30 HealthPro Lecture 2:00 Story Cube Game 3:00 Happy Hour 3:30 Never Have I Ever 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Pet Therapy 10:30 Strength Training 11:30 Santa Visit 1:30 Afternoon Matinee 2:30 Pictionary 3:30 Table Games 6:30 Sing Along Saturdays
8:30 Personal Connections 9:30 Televised Worship Service 10:30 Brain Workout 11:30 Fitness Fun 1:30 Ball Games Galore 2:30 Pictionary 3:30 Bingo 6:00 Bella Mar Cinema	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 10:30 Puzzle Solvers 1:30 I Pad Games 2:30 Board games 3:30 Musical Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Holiday Chat 1:30 Ball Games Galore 3:00 Live Entertainment 4:00 Open Game Time 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Possitive Affirmations 11:00 Cardio Fitness & Balance 1:30 Resident Holiday Chat 2:30 Televised HolidayShows 3:30 Merry Christmas / Happy Hanukkah 6:30 Evening Movie 	8:30 Personal Connections 9:30 Morning Meditation 10:00 Fitness Fun 10:30 White Board Games 1:30 Table Game Challenges 2:30 Ball Games 3:30 Penny Keno/Learn a New Game 6:00 Bella Mar Cinema	 8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Chair Yoge 1:30 A Beautiful You 2:30 Bunco Fun 3:00 Happy Hour 3:30 Bingo 6:00 Bella Mar Cinema 6:30 In Concert 	 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 AM Workout 10:00 Strength Training 10:30 Creating Floral Centerpieces 1:30 Crossword Catchers 2:30 Pictionary 3:30 Table Games 6:30 Sing Along Saturdays
8:30 Personal Connections 9:30 Televised Worship Service 10:30 Televised Game Show 1:30 Ball Games Galore 2:30 Residents Choice 3:30 Bingo 6:00 Bella Mar Cinema	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 11:00 Puzzle Solvers 1:30 I Pad Games 2:30 UNO Card Game 3:30 Musical Bingo 6:00 Bella Mar Cinema 	30 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Jeopardy / Trivia 1:30 Outdoor Ball Games 2:30 Happy Bakers 3:30 Open Game Time 6:00 Bella Mar Cinema		* holidays	BELLA MAR ROYAL PALM BEACH	December Birthdays Sandra F Billie B Joan H Dorothy M Patricia P Maureen W