



November 2024

Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>BELLA MAR ROYAL PALM BEACH</p>	<p>November Birthdays</p> <p>Joseph C. – 3rd</p>				<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Serenity Sensation ● 10:00 Rise & Stretch ● 10:30 Cut & Create ● 11:00 Short Stories ● 1:30 Dimensional Diagrams/Puzzles ● 2:30 Happy Hour ● 3:30 Karaoke with Barbara ● 6:00 Fluff & Fold 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Televised Concert ● 10:00 Chair Yoga ● 10:30 Pet Therapy ● 11:00 Brain Teasers ● 1:30 Puzzle Challenges ● 2:30 Music Makers ● 3:30 Jeopardy ● 6:00 Sing Along Saturday's
<ul style="list-style-type: none"> ● 9:30 Televised Worship Service ● 10:00 Sunday Stretch ● 11:00 Finish the Phrase ● 1:30 Brain Games ● 2:30 Sunday Snacks ● 3:30 Remember When ● 6:00 Handy Helpers 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 News & Views ● 10:00 Rise & Stretch ● 11:00 Finish the Phrase ● 1:30 Lets Travel to Italy Chat ● 2:00 Monday Munchies ● 2:30 Perry Como Concert ● 3:30 A Stroll Down Memory Lane ● 6:00 Board Games with Friends 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Chair Yoga ● 10:00 Fitness Fun ● 11:00 Inspirational Reading and Quotes ● 1:30 A-Z Memory Game ● 2:30 Tasty Tuesday ● 3:00 Meaningful Moment ● 6:00 Getting to Know You with Staff 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Holy Communion Service & Hymns ● 10:00 Moving & Grooving Fitness ● 10:30 Brain Benders ● 11:00 Resident Reading Aloud ● 1:30 A Beautiful You ● 2:30 Wind Down Wednesday ● 3:30 Bingo ● 6:00 National Geographic Wonders 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Morning Meditation ● 10:00 Chair Yoga ● 10:30 Holiday Trivia ● 1:30 Color Creations ● 2:00 Word Games ● 2:30 Thirsty Thursday ● 3:30 Remember When Chat ● 6:00 National Geographic Documentaries 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Serenity Sensation ● 10:00 Rise & Stretch ● 10:30 Bean Bag Toss ● 11:00 A Beautiful You ● 1:30 Dimensional Diagrams/Puzzles ● 2:30 Happy Hour ● 3:30 Dance Party Live Entertainment ● 6:00 Fluff & Fold 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Forever Fit ● 11:00 Brain Teasers ● 1:30 Puzzle Challenges ● 2:30 Saturday & Stuff ● 3:30 Comedy & Laughs ● 6:00 Sing Along Saturday's
<ul style="list-style-type: none"> ● 9:30 Televised Worship Service ● 10:00 Sunday Stretch ● 10:30 Table Games & More ● 1:30 Brain Games ● 2:30 Sunday Snacks ● 3:30 Remember When ● 6:00 Handy Helpers 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 News & Views ● 10:00 Rise & Stretch ● 11:00 Finish the Phrase ● 1:30 Pick a Destination to Explore ● 2:30 Creative Music Makers ● 3:00 Monday Munchies ● 3:30 A Stroll Down Memory Lane ● 6:00 Board Games with Friends 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Chair Yoga ● 10:30 Music Therapy ● 11:00 Volley Llamas Fitness ● 1:30 Crafty Corner ● 2:30 Trivia Fun ● 3:00 Meaningful Moment ● 6:00 Getting to Know You with Staff 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Holy Communion Service & Hymns ● 10:30 Moving & Grooving Fitness ● 11:00 Brain Benders ● 1:30 A Beautiful You ● 2:30 Wind Down Wednesday ● 3:30 Bingo ● 6:00 National Geographic Wonders 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Morning Meditation ● 10:00 Chair Yoga ● 10:30 Word Games / Trivia ● 1:30 Color Creations ● 2:00 Resident Council ● 2:30 Thirsty Thursday ● 3:30 Brain Games ● 6:00 National Geographic Documentaries 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Serenity Sensation ● 10:00 Rise & Stretch ● 10:30 Cut & Create ● 1:30 Dimensional Diagrams ● 2:00 Music Makers / Music Trivia ● 2:30 Happy Hour ● 3:30 Live Entertainment ● 6:00 Fluff & Fold 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Forever Fit ● 10:30 Pet Therapy ● 11:00 Brain Teasers ● 1:30 Puzzle Challenges ● 2:30 Inspirational Readings and Quotes ● 3:00 Scrabble Challenge ● 3:30 Let's go Back in Time Discussion ● 6:00 Sing Along Saturday's
<ul style="list-style-type: none"> ● 9:30 Televised Worship Service ● 10:00 Sunday Stretch ● 10:30 Table Games & More ● 1:30 Brain Games ● 2:30 Sunday Snacks ● 3:30 Lets Read ● 6:00 Handy Helpers 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 News & Views ● 10:00 Rise & Stretch ● 11:00 Finish the Phrase ● 1:30 Pick a Destination Lets Explore ● 2:30 Televised Concert ● 3:00 Monday Munchies ● 3:30 A Stroll Down Memory Lane ● 6:00 Board Games with Friends 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Chair Yoga ● 10:00 Fitness Fun ● 10:30 Volley Llamas Fitness ● 1:30 Crafty Corner ● 2:30 Tasty Tuesday ● 3:00 Meaningful Moment ● 3:30 Elementary School Concert ● 6:00 Getting to Know You with Staff 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Holy Communion Service & Hymns ● 10:30 Moving & Grooving Fitness ● 11:00 Brain Benders ● 1:30 A Beautiful You ● 2:30 Wind Down Wednesday ● 3:30 Bingo ● 6:00 National Geographic Wonders 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Morning Meditation ● 10:00 Chair Yoga ● 10:30 White Board Games ● 11:00 Holiday Trivia ● 1:30 Color Creations ● 2:30 Thirsty Thursday ● 3:30 Brain Games ● 6:00 National Geographic Documentaries 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Serenity Sensation ● 10:00 Rise & Stretch ● 10:30 Lets Make a Snack ● 11:00 Cut & Create ● 1:30 Dimensional Diagrams/Puzzles ● 2:30 Adult Coloring ● 3:00 Happy Hour ● 3:30 Live Entertainment ● 6:00 Fluff & Fold 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Forever Fit ● 10:30 Ball Games ● 11:00 Brain Teasers ● 1:30 Puzzle Challenges ● 2:30 Group Chat Outdoors ● 3:30 Scrabble Anyone? ● 6:00 Sing Along Saturday's
<ul style="list-style-type: none"> ● 9:30 Televised Worship Service ● 10:00 Sunday Stretch ● 10:30 Table Games & More ● 1:30 Brain Games ● 2:30 Comedy & Laughs ● 3:00 Quiet Reading Time ● 6:00 Handy Helpers 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 News & Views ● 10:00 Rise & Stretch ● 11:00 Finish the Phrase ● 1:30 National Geographic Wonders ● 2:30 Televised Concert ● 3:00 Monday Munchies ● 3:30 A Stroll Down Memory Lane ● 6:00 Board Games with Friends 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Chair Yoga ● 10:00 Fitness Fun ● 10:30 Music Therapy ● 11:00 Volley Llamas Fitness ● 1:30 Trivia Fun ● 2:30 Meaningful Moment ● 3:00 Have You Ever? ● 6:00 Getting to Know You with Staff 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Holy Communion Service & Hymns ● 10:30 Moving & Grooving Fitness ● 11:00 Brain Benders ● 1:30 A Beautiful You ● 2:30 Wind Down Wednesday ● 3:30 Bingo ● 6:00 National Geographic Wonders 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Morning Meditation ● 10:00 Chair Yoga ● 12:00 Holiday Luncheon ● 1:30 Color Creations ● 2:30 Thirsty Thursday ● 3:30 Brain Games ● 6:00 National Geographic Documentaries 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 9:30 Serenity Sensation ● 10:00 Rise & Stretch ● 10:30 Cut & Create ● 11:00 Short Stories ● 1:30 Dimensional Diagrams ● 2:30 Table games ● 3:30 Bingo ● 6:00 Fluff & Fold 	<ul style="list-style-type: none"> ● 8:30 Personal Connections ● 10:00 Forever Fit ● 10:30 Brain Teasers ● 11:00 Jeopardy on I-Pad ● 1:30 Puzzle Challenges ● 2:30 Saturday & Stuff ● 3:30 Comedy & Laughs ● 6:00 Sing Along Saturday's