February 2025

Assisted Living Calend

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BELLA MAR ROYAL PALM BEACH						 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Pet Therapy 10:30 Strength Training 11:00 Creating Floral Centerpieces 1:30 UNO Card Game 2:30 Whiteboard Games 3:30 Table Games 6:30 Sing Along Saturdays
 8:30 Personal Connections 9:30 Televised Worship Service 10:00 AM Workout 10:30 Funny Short Stories 1:30 Ball Games Galore 2:30 Residents Choice Game 3:30 Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 11:00 Puzzle Solvers 1:30 I Pad Games 3:30 Musical Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Ball Games Galore 11:00 Group Chat 1:30 Virtual Visit to Canadaa 2:30 Bunco Fun 3:30 Open Game Time 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Holy Communion Services 10:30 Cardio Fitness & Balance 11:00 Canada Fun Facts 1:30 Name That Tune 2:30 Word Circle 3:30 Blackjack 6:30 Evening Bingo 	9:30 News & Views10:00 Fitness Fun10:30 Lets Get Cooking1:30 Never Have I Ever	 8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Sit and Be Fit 10:30 WII Bowling 1:30 Family Feud 2:30 Happy Hour / Making Smoothies 3:00 Open Game Time 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Strength Training 11:00 Creating Floral Centerpieces 2:30 Hang Man 3:30 Table Games 6:30 Sing Along Saturdays
 8:30 Personal Connections 9:30 Televised Worship Service 10:30 Morning Exercise 1:30 Outdoor Stroll 3:30 Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 10:30 Yahtzee Anyone? 1:30 Canada Trivia 2:30 Comedy & Laughs 3:30 Musical Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Ball Games Galore 1:30 Valentines Party with St Rita's 3:30 Open Game Time 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Holy Communion Services 10:30 Cardio Fitness & Balance 1:30 Name That Tune 2:30 OutBurst Game 3:30 Blackjack 6:30 Evening Bingo 	 9:30 Morning Meditation 10:00 Fitness Fun 10:30 Wii Games 1:30 Table Game Challenges 2:30 Bunco Dice Game 3:30 Live Entertainment Game 	 8:30 Wear You Valentines Colors Today 9:30 Nature Walk & Meditation 10:00 Sit and Be Fit 10:30 White Board Games 1:30 Musical Moments 2:30 Happy Hour Dance Party 4:30 Live Entertainment / Dinner 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Pet Therapy 10:30 Strength Training 11:00 Creating Floral Centerpieces 1:30 Bunco Fun 2:30 Pictionary 3:30 Resident Led Open Game Time 6:30 Sing Along Saturdays
 8:30 Personal Connections 9:30 Televised Worship Service 10:00 Chair Yoga 10:30 Lets Read 1:30 Sunday Sing A Long 3:30 Bingo 6:00 Movie Time 	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 10:30 UNO or Bunco? 1:30 I Pad Games 2:30 Canada Fun Facts 3:30 Musical Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Ball Games Galore 11:00 Crossword Catchers 1:30 White Board Games 2:30 Let Try a New game 3:30 Sing A Long 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Holy Communion Services 10:30 Chair Yoga 11:00 Funny Stories 1:30 Name That Tune 2:30 Lets Get Crafty 3:30 Blackjack 6:30 Evening Bingo 	9:30 Morning Meditation10:00 Fitness Fun	 8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Sit and Be Fit Chair Exercise 10:30 Story Cube 1:30 Resident Council all Resident Meeting 2:30 Happy Hour Dance Party 3:00 Bunco Fun 4:00 Geyting to know You Group Chat 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Weekend Workout 10:30 Outdoor Stroll 11:00 Creating Floral Centerpieces 1:30 UNO Card Game 2:30 OutBurst Game 3:30 Puzzle Time 6:30 Sing Along Saturdays
 8:30 Personal Connections 9:30 Televised Worship Service 10:00 Chair Yoga 1:30 Ball Games Galore 3:30 Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 11:00 Puzzle Solvers 1:30 I Pad Games 3:30 Musical Bingo 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Ball Games Galore 1:30 WII Bowling 2:30 Headbands 3:30 White Board Games 6:00 Bella Mar Cinema 	 8:30 Personal Connections 9:30 Holy Communion Services 10:30 Cardio Fitness & Balance 1:30 Name That Tune 2:30 Monthly Birthday Celebration 3:30 Blackjack 6:30 Evening Bingo 	9:30 Morning Meditation	 8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Chair Yogs 10:30 The Happy Baker's 1:30 Name the Artist Music Trivia 2:30 Happy Hour Dance Party 3:30 Bingo Anyone? 6:00 Bella Mar Cinema 	Robert B 2/5 Janice S 2/9