## February 2025

## Memory Care Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sullday	Moriday	lucsuay	Wednesday	Tiluisday	Filday	8:30 Breakfast
						<ul> <li>9:30 Televised Shabbat Services</li> <li>10:00 Sit and Be Fit</li> <li>10:30 Pet Therapy</li> <li>1:30 UNO Card Game</li> </ul>
BELLA MAR ROYAL PALM BEACH						2:30 Whiteboard Games 3:30 Table Games 6:30 Sing Along Saturdays
<ul><li>8:30 Personal Connections</li><li>9:30 Televised Worship Service</li></ul>	<ul><li>8:30 Personal Connections</li><li>9:30 News &amp; Views</li></ul>	8:30 Breakfast 10:00 Chair Yoga	4 • 8:30 Personal Connections • 9:30 Holy Communion Services	9:30 News & Views	6 8:30 Personal Connections 7 9:30 Serenity Sensation	<ul><li>8:30 Breakfast</li><li>9:30 Televised Shabbat Services</li></ul>
<ul><li>10:00 Sunday Stretch</li><li>10:30 Funny Short Stories</li><li>1:30 Brain Games</li></ul>	<ul><li>10:00 Chair Yoga</li><li>11:00 Finish the Phrase</li><li>1:30 I Pad Games</li></ul>	<ul><li>10:30 Ball Games Galore</li><li>11:00 Volley Llamas Fitness</li><li>1:30 Virtual Visit to Canadaa</li></ul>	<ul> <li>10:30 Moving &amp; Grooving Fitness</li> <li>11:00 Canada Fun Facts</li> <li>1:30 A Beautiful You Mini</li> </ul>	<ul><li>10:00 Chair yoga</li><li>10:30 Ball Games</li><li>1:30 Scrabble Challenge</li></ul>	<ul><li>10:00 Sit and Be Fit</li><li>10:30 WII Bowling</li><li>11:00 Cut &amp; Create</li></ul>	<ul><li>10:00 Forever Fit</li><li>10:30 Brain Teasers</li><li>1:30 Puzzle Challenges</li></ul>
<ul><li>3:30 Quiet Reading</li><li>6:00 Movie Time</li></ul>	<ul><li>3:30 A Stroll Down Memory Lane</li><li>6:00 Board Games with Friends</li></ul>	<ul><li>2:30 Trivia Fun</li><li>3:30 Open Game Time</li></ul>	Makeovers 2:30 UNO Anyone?	2:30 Funny Short Stories 3:30 Brain Games	<ul><li>1:30 Dimensional Diagrams</li><li>2:30 Happy Hour</li></ul>	2:30 Hang Man 3:30 Comedy & Laughs
		<ul> <li>6:00 Getting to Know You with Staff</li> </ul>	<ul><li>3:30 Bingo</li><li>6:30 Evening Bingo</li></ul>	<ul> <li>6:00 National Geographic Documentaries</li> </ul>	<ul><li>3:30 A-Z Memory Game</li><li>6:00 Fluff &amp; Fold</li></ul>	● 6:00 Sing Along Saturday's
<ul><li>8:30 Personal Connections</li><li>9:30 Televised Worship Service</li></ul>	<ul><li>8:30 Personal Connections</li><li>9:30 Positive Affirmations</li></ul>	8:30 Personal Connections     9:30 News and Views	11 8:30 Personal Connections 9:30 Holy Communion	<ul><li>9:30 Morning Meditation</li></ul>	9:30 Nature Walk & 14 Meditation	<ul><li>8:30 Breakfast</li><li>9:30 Televised Shabbat</li></ul>
<ul><li>10:00 Sunday Stretch</li><li>10:30 Ball Games</li><li>1:30 Brain Games</li></ul>	<ul><li>10:00 Chair Yoga</li><li>11:00 Finish the Phrase</li><li>1:30 Fun Facts About Canada</li></ul>	10:00 Music Therapy 11:00 Volley Llamas Fitness 1:30 Crafty Corner	Services 10:30 Moving & Grooving Fitness 11:00 Brain Benders	<ul><li>10:00 Fitness Fun</li><li>10:30 Hidden Objects</li><li>11:00 Inspirational Readings &amp;</li></ul>	<ul><li>9:30 Serenity Sensation</li><li>10:00 Sit and Be Fit</li><li>10:30 White Board Games</li></ul>	Services 10:00 Forever Fit 10:30 Pet Therapy
<ul><li>3:30 Remember When</li><li>6:00 Handy Helpers</li></ul>	<ul><li>3:30 A Stroll Down Memory Lane</li><li>6:00 Bella Mar Cinema</li></ul>	<ul><li>2:30 Trivia Fun</li><li>3:00 Valentine Party with St Ritas</li></ul>	<ul><li>1:30 A Beautiful You</li><li>2:30 White Board Games</li></ul>	Quotes 1:30   Pad Trivia	<ul><li>1:30 Puzzle Time</li><li>2:30 Happy Hour Dance Party</li></ul>	<ul><li>1:30 Puzzle Challenges</li><li>3:30 Group Chat</li></ul>
		<ul> <li>6:00 Getting to Know You with Staff</li> </ul>	<ul><li>3:30 UNO Card Game</li><li>6:00 National Geographic Wonders</li></ul>	<ul><li>2:30 Music Makers / Music Trivia</li><li>6:30 National Geographic Wonders</li></ul>	<ul><li>3:30 Dance Party</li><li>6:00 Fluff &amp; Fold</li></ul>	● 6:00 Sing Along Saturday's
<ul><li>9:30 Televised Worship</li></ul>	9:30 Positive Affirmations	8:30 Personal Connections	<ul><li>9:30 Holy Communion</li></ul>	<ul><li>9:30 Morning Meditation</li></ul>	<ul><li>9:30 Serenity Sensation</li></ul>	<ul><li>8:30 Breakfast</li><li>9:30 Televised Shabbat</li></ul>
Service 10:00 Sunday Stretch 10:30 Lets Read	<ul><li>10:00 Chair Yoga</li><li>10:30 White Board Games</li><li>11:00 Finish the Phrase</li></ul>	9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Volley Llamas Fitness	Services 10:00 Moving & Grooving Fitness 10:30 Music Makers / Music Trivia	<ul><li>10:00 Fitness Fun</li><li>10:30 Ball Games</li><li>11:00 Group Chat About Canada</li></ul>	<ul><li>10:00 Sit and Be Fit Chair Exercise</li><li>10:30 A-Z Memory Game</li><li>1:30 UNO Anyone?</li></ul>	Services 10:00 Forever Fit 10:30 Brain Teasers
<ul><li>1:30 Brain Games</li><li>3:30 Word Search</li></ul>	<ul><li>1:30 I Pad Games</li><li>2:30 Canada Fun Facts</li></ul>	<ul><li>11:00 Trivia Fun</li><li>1:30 White Board Games</li></ul>	<ul><li>11:00 Funny Stories</li><li>1:30 Word Circle</li></ul>	<ul><li>1:30 Table Game Challenges</li><li>2:30 Board Games</li></ul>	<ul><li>2:30 Happy Hour Dance Party</li><li>3:30 Live Entertainment</li></ul>	<ul><li>1:30 Puzzle Challenges</li><li>3:30 Comedy &amp; Laughs</li></ul>
6:00 Handy Helpers	<ul><li>3:30 A Stroll Down Memory Lane</li><li>6:00 Bella Mar Cinema</li></ul>	<ul><li>2:30 Bean bag Fun</li><li>3:30 Jeopardy</li><li>6:00 Getting to Know You with Staff</li></ul>	<ul><li>2:30 Lets Get Crafty</li><li>3:30 Bingo</li><li>6:00 National Geographic Wonders</li></ul>	<ul><li>3:30 Brain Games</li><li>6:00 National Geographic Documentaries</li></ul>	6:00 Comedy Hour	6:00 Sing Along Saturday's
<ul><li>9:30 Televised Worship</li></ul>	9:30 Positive Affirmations	10:00 Gentle Chair Exercise	<ul><li>9:30 Holy Communion Service</li></ul>	9:30 Morning Meditation	7 8:30 Personal Connections 9:30 Serenity Sensation	Rosalie L. – 4th
Service 10:00 Sunday Stretch 10:30 Ball Games	<ul><li>10:00 Chair Yoga</li><li>11:00 Finish the Phrase</li><li>1:30 White Board Games</li></ul>	<ul><li>10:00 Music Therapy</li><li>1:30 Trivia Fun</li><li>2:30 White Board Games</li></ul>	& Hymns 10:00 Moving & Grooving Fitness 10:30 Scenic Bus Ride	10:00 Chair Yoga 10:30 Jeopardy / Trivia 1:30 Adult Coloring	<ul><li>10:00 Sit and Be Fit</li><li>11:00 Cut &amp; Create</li><li>1:30 Dimensional</li></ul>	Veronica B. – 4th
<ul> <li>11:00 Inspirational Readings</li> <li>1:30 Brain Games</li> <li>2:30 Puzzles Time</li> </ul>	<ul><li>2:30 Lets Read</li><li>6:00 Bella Mar Cinema</li></ul>	<ul> <li>3:30 Bean Bag Toss Tic Tac Toe</li> <li>6:00 Getting to Know You with Staff</li> </ul>	<ul><li>1:30 A Beautiful You</li><li>2:30 Monthly Birthday Celebration</li><li>3:30 Bingo</li></ul>	<ul> <li>2:30 Dance Party / Music Makers</li> <li>3:30 Jeopardy on I-Pad</li> <li>6:00 National Geographic</li> </ul>	Diagrams/Puzzles 2:30 Happy Hour Dance Party 3:30 Live Entertainment	
<ul><li>3:30 Sing A Long</li><li>6:00 Handy Helpers</li></ul>		Stati	6:00 National Geographic Wonders	Documentaries	6:00 Fluff & Fold	