

March 2025 Assisted Living Activity Calendar

Social Spiritual
Physical Emotional
Intellectual Purposeful

— Assisted Living Activity Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Pet Therapy 10:00 Strength Training 11:00 Creating Floral Centerpieces 2:30 Jepoardy 3:30 Table Games 6:30 Sing Along Saturdays
8:30 Personal Connections 9:30 Televised Worship Service 10:30 Sit and Be Fit Chair Exercise 1:30 White Board Games 3:30 Bingo 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Outdoor Stroll 10:00 Chair Yoga 11:00 Introduction to Destination Mexico 1:30 I Pad Games 3:30 Musical Bingo 6:00 Bella Mar Cinema	8:30 Breakfast 9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Ball Games Galore 1:30 Bunco Fun 2:30 WII Bowling 3:30 Open Game Time 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Holy Communion Services/ Ash Wednesday 10:30 Cardio Fitness & Balance 11:00 Puzzle Solvers 1:30 UNO Card Game 3:30 Blackjack 6:30 Evening Bingo	 9:30 Morning Meditation 10:00 Fitness Fun 10:30 Creative Writing Class 1:30 Head Bands Game 	8:30 Breakfast 9:30 News & Views 10:00 Sit and Be Fit 10:30 Story Cube, Lets Get Creative 1:30 Lets Get Cooking 2:30 Happy Hour Dance Party 3:00 Bunco Dice Game 4:00 Outdoor Stroll 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Strength Training 11:00 Creating Floral Centerpieces 2:30 Pictionary 3:30 Table Games 6:30 Sing Along Saturdays
8:30 Personal Connections 9:30 Televised Worship Service 10:00 Chair Yoga 1:30 Shuffleboard Challenge 3:30 Bingo 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Coffee and Conversation 10:00 Chair Yoga 10:30 Jeopardy / Trivia 1:30 Music Therapy with Andrew 2:30 Mexica Fun Facts 3:30 Musical Bingo 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 News and Views 10:00 Music Therapy with Shanika 10:30 Gentle Chair Exercise 1:30 National plant a Flower 3:30 Open Game Time 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Holy Communion Services 10:30 Cardio Fitness & Balance 1:30 Name That Tune 2:30 White Board Games 3:30 Game Show with Barry Scott 6:30 Evening Bingo	 9:30 Outdoor Stroll & Chat 10:00 Fitness Fun 1:30 Table Game Challenges 3:30 Penny Keno/Learn a New Game 6:30 Live Entertainment 	8:30 Breakfast 9:30 Coffee and Conversation 10:00 Chair Yoga 10:30 Bowling 11:00 Short Stories 1:30 Musical Memories/ Trivia 2:30 Happy Hour with Natalie 3:30 UNO or Bunco? 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Pet Therapy 11:00 Creating Floral Centerpieces 1:30 Family Feud 2:30 Hangman 3:30 Table Games 6:30 Sing Along Saturdays
1:30 White Board Games 8:30 Personal Connections 9:30 Televised Worship Service 10:30 Chair Yoga 1:30 Headbands 2:30 Virtual Trio to Mexico 3:30 Bingo 6:00 Bella Mar Cinema	8:30 St Patrick's Day Wear Your Green 9:30 Positive Affirmations 10:00 Chair Yoga 10:30 Ball Games 11:00 Unscramble The Words 1:30 I Pad Games 2:30 St Patrick's Day Party 3:30 Musical Bingo 6:00 Bella Mar Cinema	9:30 News and Views 10:00 Gentle Chair Exercise 10:30 Crossword Catchers 1:30 Bunco Fun 1:30 Veterans Talk with Durwood 2:30 Ted Talk 3:30 Open Game Time 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Holy Communion Services 10:30 Cardio Fitness & Balance 1:30 White Board Games 2:30 Resident Led Open Game Time 3:30 Blackjack 6:30 Evening Bingo	 9:30 News & Views 10:00 Fitness Fun 10:30 Courtyard Games 1:30 Jewelry Making 	8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Chair Yoga 10:30 Jeopardy / Trivia 11:00 Poetry Readings 1:30 Rock Painting 2:30 Happy Hour Dance Party 3:30 Bingo Anyone? 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Inspirational Readings & Quotes 10:30 Sit & Be Fit 11:00 Creating Floral Centerpieces 1:30 Afternoon Bingo 2:30 Pictionary 3:30 Table Games 6:30 Sing Along Saturdays
8:30 Personal Connections 9:30 Televised Worship Service 10:30 Lets Read / Funny Short Stories 1:30 Ball Games Galore 3:30 Bingo 6:00 Bella Mar Cinema	8:30 Personal Connections 10:00 Chair Yoga 10:30 Never Have I Ever 1:30 I Pad Games 2:30 White Board Games 3:30 Musical Bingo 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 News and Views 10:00 Music Therapy 10:30 Gentle Chair Exercisr 1:30 Ted Talk 2:30 Adult Coloring 3:30 Open Game Time 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Holy Communion Services 10:30 Cardio Fitness & Balance 1:30 Name That Tune 2:30 Monthly Birthday Celebration 3:30 Blackjack 6:30 Evening Bingo	 9:30 Morning Meditation 10:00 Fitness Fun 10:30 Destination Mexico Trivia and Facts 	8:30 Personal Connections 9:30 Nature Walk & Meditation 10:00 Chair Yoga 10:30 Parachute Fun 1:30 Destination Mexico Craft 2:30 Happy Hour Dance Party 3:30 Bingo 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Televised Shabbat Services 10:00 Strength Training 11:00 Creating Floral Centerpieces 1:30 Afternoon Matinee 2:30 Whiteboard Games 3:30 Table Games 6:30 Sing Along Saturdays
8:30 Personal Connections 9:30 Televised Worship Service 10:00 Sit and be Fit 1:30 Bunco with Friends 3:30 Bingo 6:00 Bella Mar Cinema	8:30 Personal Connections 9:30 Positive Affirmations 10:00 Chair Yoga 11:00 Puzzle Solvers 1:30 I Pad Games 2:30 UNO Card Game 3:30 Musical Bingo 6:00 Bella Mar Cinema					Happy Birthday Maria A. – 8th