

# March 2025

## Memory Care Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<ul style="list-style-type: none"> <li><span style="color: orange;">●</span> 8:30 Breakfast</li> <li><span style="color: blue;">●</span> 10:00 Forever Fit</li> <li><span style="color: cyan;">●</span> 10:30 Pet Therapy</li> <li><span style="color: red;">●</span> 11:00 Funny Animal Videos</li> <li><span style="color: yellow;">●</span> 1:30 Whiteboard Games</li> <li><span style="color: cyan;">●</span> 3:30 Comedy &amp; Laughs</li> <li><span style="color: red;">●</span> 6:00 Sing Along Saturday's</li> </ul> <p style="text-align: right;"><b>1</b></p>
<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Televised Worship Service</li> <li><span style="color: blue;">●</span> 10:00 Sunday Stretch</li> <li><span style="color: yellow;">●</span> 10:30 Table Games &amp; More</li> <li><span style="color: yellow;">●</span> 1:30 Brain Games</li> <li><span style="color: red;">●</span> 2:30 Funny Poem Reading</li> <li><span style="color: cyan;">●</span> 3:30 Remember When</li> <li><span style="color: orange;">●</span> 6:00 Handy Helpers</li> </ul> <p style="text-align: right;"><b>2</b></p>	<ul style="list-style-type: none"> <li><span style="color: yellow;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Rise &amp; Stretch</li> <li><span style="color: orange;">●</span> 10:30 Finish the Phrase</li> <li><span style="color: red;">●</span> 1:30 Bingo</li> <li><span style="color: orange;">●</span> 2:30 Destination Mexico Fun Facts</li> <li><span style="color: cyan;">●</span> 3:30 A Stroll Down Memory Lane</li> <li><span style="color: red;">●</span> 6:00 Board Games with Friends</li> </ul> <p style="text-align: right;"><b>3</b></p>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: blue;">●</span> 11:00 Volley Llamas Fitness</li> <li><span style="color: red;">●</span> 1:30 Rock Painting</li> <li><span style="color: yellow;">●</span> 2:30 Dimensional Diagrams/Puzzles</li> <li><span style="color: orange;">●</span> 3:30 Trivia Fun</li> <li><span style="color: red;">●</span> 6:00 Getting to Know You with Staff</li> </ul> <p style="text-align: right;"><b>4</b></p>	<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 10:30 Holy Communion Ash Wednesday</li> <li><span style="color: blue;">●</span> 10:30 Moving &amp; Grooving Fitness</li> <li><span style="color: yellow;">●</span> 11:00 Brain Benders</li> <li><span style="color: cyan;">●</span> 1:30 A Beautiful You</li> <li><span style="color: red;">●</span> 2:30 Bracelet Making</li> <li><span style="color: red;">●</span> 3:30 Bingo</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Wonders</li> </ul> <p style="text-align: right;"><b>5</b></p>	<ul style="list-style-type: none"> <li><span style="color: red;">●</span> 8:30 Breakfast</li> <li><span style="color: yellow;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: yellow;">●</span> 10:30 Word Games</li> <li><span style="color: orange;">●</span> 1:30 Head Bands Game</li> <li><span style="color: red;">●</span> 2:30 Group Chat</li> <li><span style="color: yellow;">●</span> 3:30 Brain Games</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Documentaries</li> </ul> <p style="text-align: right;"><b>6</b></p>	<ul style="list-style-type: none"> <li><span style="color: red;">●</span> 8:30 Breakfast</li> <li><span style="color: purple;">●</span> 9:30 Serenity Sensation</li> <li><span style="color: yellow;">●</span> 11:00 Cut &amp; Create</li> <li><span style="color: yellow;">●</span> 1:30 Dimensional Diagrams</li> <li><span style="color: cyan;">●</span> 2:30 Happy Hour</li> <li><span style="color: red;">●</span> 3:30 A-Z Memory Game</li> <li><span style="color: orange;">●</span> 6:00 Fluff &amp; Fold</li> </ul> <p style="text-align: right;"><b>7</b></p>	<ul style="list-style-type: none"> <li><span style="color: orange;">●</span> 8:30 Breakfast</li> <li><span style="color: red;">●</span> 9:30 Comedy Hour</li> <li><span style="color: blue;">●</span> 10:00 Forever Fit</li> <li><span style="color: yellow;">●</span> 10:30 Brain Teasers</li> <li><span style="color: orange;">●</span> 1:30 Puzzle Challenges</li> <li><span style="color: cyan;">●</span> 3:30 Comedy &amp; Laughs</li> <li><span style="color: cyan;">●</span> 6:00 National Geographic Wonders</li> </ul> <p style="text-align: right;"><b>8</b></p>
<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Televised Worship Service</li> <li><span style="color: blue;">●</span> 10:00 Sunday Stretch</li> <li><span style="color: yellow;">●</span> 10:30 Table Games &amp; More</li> <li><span style="color: yellow;">●</span> 1:30 Brain Games</li> <li><span style="color: cyan;">●</span> 3:30 Remember When</li> <li><span style="color: orange;">●</span> 6:00 Handy Helpers</li> </ul> <p style="text-align: right;"><b>9</b></p>	<ul style="list-style-type: none"> <li><span style="color: yellow;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: orange;">●</span> 11:00 Finish the Phrase</li> <li><span style="color: yellow;">●</span> 1:30 White Board Games</li> <li><span style="color: red;">●</span> 2:30 Puzzles Time</li> <li><span style="color: cyan;">●</span> 3:30 Blast Form the Pass Discussion</li> <li><span style="color: red;">●</span> 6:00 Board Games with Friends</li> </ul> <p style="text-align: right;"><b>10</b></p>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: cyan;">●</span> 10:30 Music Therapy</li> <li><span style="color: blue;">●</span> 11:00 Volley Llamas Fitness</li> <li><span style="color: orange;">●</span> 1:30 Crafty Corner Bracelet Making</li> <li><span style="color: yellow;">●</span> 2:30 Trivia Fun</li> <li><span style="color: red;">●</span> 3:30 Ball Games</li> <li><span style="color: red;">●</span> 6:00 Getting to Know You with Staff</li> </ul> <p style="text-align: right;"><b>11</b></p>	<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 10:30 Holy Communion</li> <li><span style="color: blue;">●</span> 10:30 Moving &amp; Grooving Fitness</li> <li><span style="color: yellow;">●</span> 11:00 Brain Benders</li> <li><span style="color: cyan;">●</span> 1:30 A Beautiful You</li> <li><span style="color: red;">●</span> 2:30 White Board Games</li> <li><span style="color: red;">●</span> 3:30 Bingo</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Wonders</li> </ul> <p style="text-align: right;"><b>12</b></p>	<ul style="list-style-type: none"> <li><span style="color: red;">●</span> 8:30 Breakfast</li> <li><span style="color: cyan;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: purple;">●</span> 10:30 Inspirational Readings &amp; Quotes</li> <li><span style="color: red;">●</span> 11:00 Finish the Phrase</li> <li><span style="color: yellow;">●</span> 3:30 Brain Games</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Documentaries</li> </ul> <p style="text-align: right;"><b>13</b></p>	<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Serenity Sensation</li> <li><span style="color: blue;">●</span> 10:00 Sit and Be Fit</li> <li><span style="color: cyan;">●</span> 10:30 Baby Therapy with Senior Helpers</li> <li><span style="color: yellow;">●</span> 1:30 Dimensional Diagrams</li> <li><span style="color: red;">●</span> 2:30 Hangman</li> <li><span style="color: orange;">●</span> 3:30 Happy Hour Dance Party</li> <li><span style="color: red;">●</span> 3:30 Live Entertainment</li> <li><span style="color: orange;">●</span> 6:00 Fluff &amp; Fold</li> </ul> <p style="text-align: right;"><b>14</b></p>	<ul style="list-style-type: none"> <li><span style="color: orange;">●</span> 8:30 Breakfast</li> <li><span style="color: blue;">●</span> 10:00 Forever Fit</li> <li><span style="color: cyan;">●</span> 10:30 A-Z Memory Game</li> <li><span style="color: orange;">●</span> 1:30 Puzzle Challenges</li> <li><span style="color: red;">●</span> 2:30 Funny Short Stories</li> <li><span style="color: cyan;">●</span> 3:30 Sing A Long with Staff</li> <li><span style="color: red;">●</span> 6:00 Comedy Hour</li> </ul> <p style="text-align: right;"><b>15</b></p>
<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Televised Worship Service</li> <li><span style="color: blue;">●</span> 10:00 Sunday Stretch</li> <li><span style="color: yellow;">●</span> 10:30 Table Games &amp; More</li> <li><span style="color: yellow;">●</span> 1:30 Brain Games</li> <li><span style="color: cyan;">●</span> 3:30 Remember When</li> <li><span style="color: orange;">●</span> 6:00 Handy Helpers</li> </ul> <p style="text-align: right;"><b>16</b></p>	<ul style="list-style-type: none"> <li><span style="color: yellow;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Rise &amp; Stretch</li> <li><span style="color: red;">●</span> 10:30 Parachute Fun</li> <li><span style="color: orange;">●</span> 11:00 Finish the Phrase</li> <li><span style="color: red;">●</span> 1:30 St Patrick's Day Party</li> <li><span style="color: yellow;">●</span> 2:30 Unscramble the Words</li> <li><span style="color: cyan;">●</span> 3:30 A Stroll Down Memory Lane</li> <li><span style="color: red;">●</span> 6:00 Comedy Hour</li> </ul> <p style="text-align: right;"><b>17</b></p>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: cyan;">●</span> 10:30 Outdoor Chat with Staff</li> <li><span style="color: blue;">●</span> 11:00 Funny Poems</li> <li><span style="color: yellow;">●</span> 1:30 White Board Games</li> <li><span style="color: yellow;">●</span> 2:30 Trivia Fun</li> <li><span style="color: red;">●</span> 3:30 Destination Word Search</li> <li><span style="color: red;">●</span> 6:00 Getting to Know You with Staff</li> </ul> <p style="text-align: right;"><b>18</b></p>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:30 Moving &amp; Grooving Fitness</li> <li><span style="color: yellow;">●</span> 11:00 Brain Benders</li> <li><span style="color: purple;">●</span> 11:00 Holy Communion</li> <li><span style="color: cyan;">●</span> 1:30 A Beautiful You</li> <li><span style="color: yellow;">●</span> 2:30 Word Challenge</li> <li><span style="color: red;">●</span> 3:30 Bingo</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Wonders</li> </ul> <p style="text-align: right;"><b>19</b></p>	<ul style="list-style-type: none"> <li><span style="color: cyan;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Chair Dance Yoga</li> <li><span style="color: yellow;">●</span> 10:30 Jeopardy on I-Pad</li> <li><span style="color: red;">●</span> 1:30 UNO Anyone?</li> <li><span style="color: red;">●</span> 2:30 Adult Coloring</li> <li><span style="color: yellow;">●</span> 3:30 Brain Games</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Documentaries</li> </ul> <p style="text-align: right;"><b>20</b></p>	<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Serenity Sensation</li> <li><span style="color: blue;">●</span> 10:00 Sit and Be Fit</li> <li><span style="color: yellow;">●</span> 11:00 Destination Mexico Craft</li> <li><span style="color: yellow;">●</span> 1:30 Dimensional Diagrams</li> <li><span style="color: red;">●</span> 2:30 Happy Hour</li> <li><span style="color: red;">●</span> 3:30 Live Entertainment</li> <li><span style="color: orange;">●</span> 6:00 Fluff &amp; Fold</li> </ul> <p style="text-align: right;"><b>21</b></p>	<ul style="list-style-type: none"> <li><span style="color: orange;">●</span> 8:30 Breakfast</li> <li><span style="color: blue;">●</span> 10:00 Forever Fit</li> <li><span style="color: yellow;">●</span> 10:30 Brain Teasers</li> <li><span style="color: orange;">●</span> 1:30 Puzzle Challenges</li> <li><span style="color: red;">●</span> 2:30 Outdoor Chat with Staff</li> <li><span style="color: red;">●</span> 3:30 Sing Along Saturday's</li> <li><span style="color: red;">●</span> 6:00 Movie Night</li> </ul> <p style="text-align: right;"><b>22</b></p>
<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Televised Worship Service</li> <li><span style="color: blue;">●</span> 10:00 Sunday Stretch</li> <li><span style="color: yellow;">●</span> 10:30 Table Games &amp; More</li> <li><span style="color: yellow;">●</span> 1:30 Brain Games</li> <li><span style="color: cyan;">●</span> 3:30 Remember When</li> <li><span style="color: orange;">●</span> 6:00 Handy Helpers</li> </ul> <p style="text-align: right;"><b>23</b></p>	<ul style="list-style-type: none"> <li><span style="color: yellow;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Rise &amp; Stretch</li> <li><span style="color: orange;">●</span> 11:00 Finish the Phrase</li> <li><span style="color: red;">●</span> 1:30 A-Z Memory Game</li> <li><span style="color: cyan;">●</span> 3:30 A Stroll Down Memory Lane</li> <li><span style="color: cyan;">●</span> 6:00 National Geographic Wonders</li> </ul> <p style="text-align: right;"><b>24</b></p>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: cyan;">●</span> 10:30 Music Therapy</li> <li><span style="color: blue;">●</span> 11:00 Volley Llamas Fitness</li> <li><span style="color: orange;">●</span> 1:30 Destination Mexico Craft</li> <li><span style="color: yellow;">●</span> 2:30 Trivia Fun</li> <li><span style="color: red;">●</span> 3:30 Bowling</li> <li><span style="color: red;">●</span> 6:00 Getting to Know You with Staff</li> </ul> <p style="text-align: right;"><b>25</b></p>	<ul style="list-style-type: none"> <li><span style="color: blue;">●</span> 10:00 Moving &amp; Grooving Fitness</li> <li><span style="color: yellow;">●</span> 11:00 Brain Benders</li> <li><span style="color: purple;">●</span> 11:00 Holy Communion</li> <li><span style="color: cyan;">●</span> 1:30 Dimensional Diagrams/Puzzles</li> <li><span style="color: red;">●</span> 2:30 White Board Games</li> <li><span style="color: red;">●</span> 3:30 Bingo</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Wonders</li> </ul> <p style="text-align: right;"><b>26</b></p>	<ul style="list-style-type: none"> <li><span style="color: red;">●</span> 9:30 Breakfast</li> <li><span style="color: blue;">●</span> 10:00 Sit and Be Fit</li> <li><span style="color: red;">●</span> 10:30 UNO Card Game</li> <li><span style="color: yellow;">●</span> 1:30 White Board Games</li> <li><span style="color: red;">●</span> 2:30 Brain Games</li> <li><span style="color: yellow;">●</span> 3:30 Scrabble</li> <li><span style="color: orange;">●</span> 6:00 National Geographic Documentaries</li> </ul> <p style="text-align: right;"><b>27</b></p>	<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Serenity Sensation</li> <li><span style="color: blue;">●</span> 10:00 Chair Yoga</li> <li><span style="color: orange;">●</span> 11:00 Cut &amp; Create</li> <li><span style="color: red;">●</span> 2:30 Happy Hour</li> <li><span style="color: red;">●</span> 3:30 Dance Party</li> <li><span style="color: red;">●</span> 3:30 Live Entertainment</li> <li><span style="color: red;">●</span> 6:30 In Concert...</li> </ul> <p style="text-align: right;"><b>28</b></p>	<ul style="list-style-type: none"> <li><span style="color: orange;">●</span> 8:30 Breakfast</li> <li><span style="color: blue;">●</span> 10:00 Forever Fit</li> <li><span style="color: yellow;">●</span> 10:30 Brain Teasers</li> <li><span style="color: orange;">●</span> 1:30 Puzzle Challenges</li> <li><span style="color: cyan;">●</span> 3:30 Comedy &amp; Laughs</li> <li><span style="color: red;">●</span> 6:00 Sing Along Saturday's</li> </ul> <p style="text-align: right;"><b>29</b></p>
<ul style="list-style-type: none"> <li><span style="color: purple;">●</span> 9:30 Televised Worship Service</li> <li><span style="color: blue;">●</span> 10:00 Sunday Stretch</li> <li><span style="color: yellow;">●</span> 10:30 Table Games &amp; More</li> <li><span style="color: yellow;">●</span> 1:30 Brain Games</li> <li><span style="color: cyan;">●</span> 3:30 Remember When</li> <li><span style="color: orange;">●</span> 6:00 Handy Helpers</li> </ul> <p style="text-align: right;"><b>30</b></p>	<ul style="list-style-type: none"> <li><span style="color: yellow;">●</span> 9:30 News &amp; Views</li> <li><span style="color: blue;">●</span> 10:00 Rise &amp; Stretch</li> <li><span style="color: orange;">●</span> 11:00 Finish the Phrase</li> <li><span style="color: red;">●</span> 1:30 A-Z Memory Game</li> <li><span style="color: cyan;">●</span> 3:30 A Stroll Down Memory Lane</li> <li><span style="color: red;">●</span> 6:00 Board Games with Friends</li> </ul> <p style="text-align: right;"><b>31</b></p>					